

PHYSICAL EDUCATION EXPECTATIONS

RESPONSIBLE	RESPECTFUL	RESILIENT
<ul style="list-style-type: none"> • Do your best every day! • Attend class on time • Be seated by the bell in the designated area. • Come prepared with class materials • No gum...EVER! • Bring your PE clothes and dress every day • Always lock your belongings • Bring your PE notebook and pencil • Use the restroom <u>before</u> class • Your phone should be powered off and inside your backpack. IT SHOULD NEVER BE OUT IN THE LOCKER ROOM! • Bring your inhaler • Bring medical notes to class. 	<ul style="list-style-type: none"> • Enter and exit locker room and gym quietly • Be patient and polite when you need to ask for something or talk to a teacher • Obtain permission before leaving class • Personal grooming is to be done outside of class time. (hair, lotion, sprays, make-up) • Respect the equipment and facilities • Don't touch equipment unless instructed to do so • Respect other people's property • Respect others people's personal space • Follow directions of all teachers and aides... the 1st time • Respect individual differences and abilities • Be patient, kind, and encouraging 	<ul style="list-style-type: none"> • If you need help, ASK for it • If you need loaners, get them <u>immediately</u> • Something bothering you? ---Ask for help. • If you missed an assignment, make it up! • If you lost it, replace it! • Do your best regardless of circumstances • Ignore distractions • Stay focused on the "here and now" • If you stopped, start again! • Leave your drama at the door • Keep trying! Never give up!

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