



JAMES RUTTER MIDDLE SCHOOL

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Sonia Quiñones Rambo, Principal
Nai Saechao, Vice Principal
Rinaldo Shackelford, Vice Principal
Jorge Leiva, Academic Program Coordinator

Dear Parents and Guardians,

I would like to take this opportunity to welcome you and your child to James Rutter Middle School and to our Physical Education class. Our goal for your child is to have a successful and positive experience in our class while promoting lifelong fitness and well-being. Physical Education is an integral part of the total educational experience. Your child will participate in activities that encourage physical, mental, and social development. Your child will be given the opportunity to reach his/her full potential and learn skills that will allow him/her to participate in physical activity throughout his/her lifetime.

Your child will receive and should bring home to you a copy of the “Physical Education Handbook” from our department. **The PE handbook is the key to success in Physical Education.** This handout, which is to be kept in your child’s P.E. binder or folder, provides important information about the P.E. uniform, our loaner P.E. clothing policy, lock and locker room procedures, parent and doctor medical excuses, standards for behavior, student responsibilities, and the grading policy. Please take some time to go over this information with your child.

A strong start at the beginning of the school year leads to good grades, a positive experience and student success. I encourage you to help your child get organized early and to monitor his / her progress in all classes. Your child will be required to have a three ring or three prong binder / folder for P.E. class. This P.E. binder and a pencil is required for class daily until instructed otherwise. Handouts, homework, run charts, fitness charts, and notes will be kept in this binder. At least 10 pieces of binder paper should be clipped into this binder.

If your child has been absent or is temporarily excused by a doctor’s medical note, he / she will need to make up missed points and/or assignments. He/she can make arrangements with his/her teacher to complete the missed work.

We look forward to working with your child. Please contact us with any questions or concerns. We look forward to meeting you at our JRMS Back to School Event.

Sincerely,

7th grade Instructors:

Jamie Walker - jtwalker@egusd.net
Oscar Zepeda - ozepeda@egusd.net
Maureen Nowak - mnowak@egusd.net

8th grade Instructors:

Mary Hein - mhein@egusd.net
Kevin Hanson - khanson@egusd.net

JRMS is not responsible for MP3 players or musical devices used as motivation during the running of the All School Run and Mile Run.

Student Name: _____

Parent / Guardian Signature _____

sign and return to the physical education

Respectful, Responsible, Resilient

